



# *Avondale Heights*

**Whatever your background, you'll feel right at home at Dousta Galla Avondale Heights**

Our residents come from all walks of life, with a variety of interests. We have been part of the community since 2004, fostering local connections to create a strong sense of belonging for both residents and staff in our aged care residence.

Doutta Galla Avondale Heights is a spacious light filled residence with sweeping views over the Maribyrnong River parklands.

**We can't wait to say welcome to you.**



Doutta Galla Avondale Heights Aged Care has a home-like atmosphere where relatives and friends can enjoy time with their loved ones. We welcome local community and service groups and we embrace all cultures and religions with special menus, events and festivities.

Many residents and staff were born overseas and as a group we speak over fifteen languages. Our residence thrives as a busy and diverse community.

Lifestyle and social activities are an important part of maintaining health and wellbeing at our aged

care residence in Avondale Heights. We offer daily social group activities in our sunny living areas, where our residents develop and grow friendships, and have the opportunity to learn and nurture new skills.

We run a weekly Italian social group, an intergenerational program, daily exercise classes and for those who like to sand, paint, build or potter, Avondale Heights has activities programs to suit individual needs.



Clinical care



Customer support



Full time manager



Laundry and cleaning support



Lifestyle coordinators



On site chefs



Personal care assistants



Registered nurse access 24/7



Volunteers

## Our rooms

Doutta Galla Avondale Heights is a 108 room residence, accommodating single residents as well as couples. All rooms have private ensuite bathrooms.

The residence offers a mix of care options, including permanent and respite care. We also offer secure care for people living with dementia provided by qualified staff who offer tailored programs and activities.

The residence includes communal courtyards, a sensory garden and a purpose built café and men's activity area with BBQ facilities. Doutta Galla Avondale Heights is a home for people who value their independence and quality of life, knowing that comprehensive care is available when they need it.



*We're with you*

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